

Monday

Breakfast

- Fruit Juice
- Cereals or Porridge
- Fresh Fruit or Prunes
- Toast & Preserves
- Tea & Coffee

Lunch

- Savoury Mince, Fish or Chicken Kiev with Jacket Potato
- Salad & Mixed Vegetables
- Homemade Egg Custard

Evening Meal

- Cheese on Toast with Sliced Tomato
- Banana with Bread & Butter
- Meringue Surprises
- Cake Selection

Tuesday

Breakfast

- Fruit Juice
- Cereals or Porridge
- Fresh Fruit or Prunes
- Toast & Preserves
- Tea & Coffee

Lunch

- Chicken Casserole
- Chicken Curry, Fish or Vegetable Curry with Brown Rice
- French Beans and Carrots
- Eve's Pudding and Custard

Evening Meal

- Fruit Juice or Prawn Cocktail
- Sandwich Selection of Spam or corned beef
- Fruit Cocktail

Wednesday

Breakfast

- Fruit Juice
- Cereals or Porridge
- Fresh Fruit or Prunes
- Toast & Preserves
- Tea & Coffee

Lunch

- Roast Gammon with Asparagus Sauce
- Fish in Parsley Sauce
- Broccoli and Cauliflower Bake
- Creamed & Roast Potatoes
- Cauliflower and Broccoli
- Rhubarb Crumble and Custard

Evening Meal

- Toasted Tea Cakes or Crumpets
- Pineapple and Cream
- Cheese and Biscuits

Thursday

Breakfast

- Fruit Juice
- Cereals or Porridge
- Fresh Fruit or Prunes
- Toast & Preserves
- Tea & Coffee

Lunch

- Boiled Beef and Carrots
- Sliced Corned Beef with Sliced Beans & Potatoes
- Bread and Butter Pudding and Custard

Evening Meal

- Leek Soup
- Boiled Eggs with Bread and Butter
- Toast with various toppings
- Cake Selection

Friday

Breakfast

- Fruit Juice
- Cereals or Porridge
- Fresh Fruit or Prunes
- Toast & Preserves
- Tea & Coffee

Lunch

- Scampi, Fish in breadcrumbs or Fried Egg with Chips Peas and Bread & Butter
- Syrup Sponge with Custard

Evening Meal

- Open Bread Rolls with various fillings & Crisps
- Strawberry Sundae
- Cake Selection

Saturday

Breakfast

- Fruit Juice
- Cereals or Porridge
- Fresh Fruit or Prunes
- Toast & Preserves
- Tea & Coffee

Lunch

- Sausages or Corned Beef, Cheese & Potato Pie with cheese sauce with Mixed vegetables or baked beans
- Lemon Tart

Evening Meal

- Fruit juice
- Ham Salad or Sandwiches with various fillings
- Sherry trifle

Sunday

Breakfast

- Fruit Juice
- Cereals or Porridge
- Fresh Fruit or Prunes
- Toast and Preserves
- Tea & Coffee

Lunch

- Roast Topside of Beef with Horseradish Sauce
- Chicken Fillets, Yorkshire Pudding, Roast and Boiled Potatoes, Brussels Sprouts and Cauliflower.
- Cherry Pie with cream

Evening Meal

- Melon
- Sandwich Selection of Chicken or Tuna
- Cake Selection

We aim to provide our residents with a varied, tempting and well-balanced diet. Our catering staff are pleased to accommodate individual requests and requirements. We serve three main meals each day as well as morning and afternoon drinks and a light supper, but residents are free to eat at a time of their choosing. Visitors are invited to view our kitchens and sample the food available to our residents.

In addition, we serve early-morning tea or coffee (prior to breakfast), mid-morning tea and coffee and afternoon tea or coffee with cakes or biscuits. We also offer a light supper of tea, coffee drinking chocolate, Horlicks and Ovaltine with biscuits and assorted sandwiches.

SUPPER AVAILABLE EVERY DAY ON REQUEST
SANDWICHES OR CHEESE AND BISCUITS

Monday

Breakfast

- Fruit Juice
- Cereals or Porridge
- Fresh Fruit or Prunes
- Toast & Preserves
- Tea & Coffee

Lunch

- Cottage Pie with Cheese Topping or Spaghetti Bolognese
- Sliced Green Beans and Mashed Swede
- Jam Sponge and custard

Evening Meal

- Prawn or Salmon Sandwiches
- Peaches and Cream
- Cake Selection

Tuesday

Breakfast

- Fruit Juice
- Cereals or Porridge
- Fresh Fruit or Prunes
- Toast & Preserves
- Tea & Coffee

Lunch

- Braised Lamb Chops with Mint Sauce
- Fish Cakes and Salad
- Broccoli, Baby Carrots & Mashed Potatoes
- Pear and Hazelnut Flan with custard

Evening Meal

- Chicken Soup
- Sandwich Selection of Ham or Cheese
- Bananas & Ice Cream

Wednesday

Breakfast

- Fruit Juice
- Cereals or Porridge
- Fresh Fruit or Prunes
- Toast & Preserves
- Tea & Coffee

Lunch

- Roast Leg of Pork with Apple Sauce or Cauliflower Cheese
- Garden Peas and Cauliflower
- Roast & Mashed Potatoes
- Plums & Custard

Evening Meal

- Pate with Toast or Fresh Tomatoes on Toast
- Yoghurt
- Cake Selection

Thursday

Breakfast

- Fruit Juice
- Cereals or Porridge
- Fresh Fruit or Prunes
- Toast & Preserves
- Tea & Coffee

Lunch

- Chicken & Veg, Hot Pot or Vegetable Cottage Pie
- Mashed Potatoes, Bean Medley
- Apple Meringue Pudding

Evening Meal

- Scrambled Eggs on Toast
- Jelly and Fruit
- Cake Selection

Friday

Breakfast

- Fruit Juice
- Cereals or Porridge
- Fresh Fruit or Prunes
- Toast & Preserves
- Tea & Coffee

Lunch

- Fresh Fish with Parsley Sauce or Cold Meat
- Farmhouse Mixed Vegetables & Croquette Potatoes & Tinned New Potatoes
- Baked Rice Pudding

Evening Meal

- Asparagus Soup
- Devon Cream Tea
- Fresh Fruit Salad

Saturday

Breakfast

- Fruit Juice
- Cereals or Porridge
- Fresh Fruit or Prunes
- Toast & Preserves
- Tea & Coffee

Lunch

- Mince Beef & Onion Pie with gravy or Fish
- Mashed Potatoes Cauliflower & Cabbage
- Homemade Lemon Sponge & Custard

Evening Meal

- Melon
- Sandwich Selection of Beef, or Ham with Tomato Garnish
- Cake Selection

Sunday

Breakfast

- Fruit Juice
- Cereals or Porridge
- Fresh Fruit or Prunes
- Toast and Preserves
- Tea & Coffee

Lunch

- Roast Chicken with Savoury Stuffing
- Roast & Boiled Potatoes
- Carrots and Brussels Sprouts
- Tiramisu

Evening Meal

- Corned Beef and Egg Salad
- Vienetta
- Cake Selection

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SUPPER AVAILABLE EVERY DAY ON REQUEST
SANDWICHES OR CHEESE AND BISCUITS

Monday

Breakfast

- Fruit Juice
- Cereals or Porridge
- Fresh Fruit or Prunes
- Toast & Preserves
- Tea & Coffee

Lunch

- Smothered Chicken or Broccoli and Potato Bake
- Creamed Potatoes & Gravy
- Cauliflower and Sliced Green Beans
- Gateau

Evening Meal

- Fish Cakes and Grilled Tomatoes
- Vienetta Ice Cream
- Cake Selection

Tuesday

Breakfast

- Fruit Juice
- Cereals or Porridge
- Fresh Fruit or Prunes
- Toast & Preserves
- Tea & Coffee

Lunch

- Liver, Bacon, Sausage & Onion or Jacket Potato and Salad
- Mashed Potatoes
- Garden Peas and Broccoli
- Banana Split with Fruit Sauce

Evening Meal

- Selection of pizza's, garlic bread and salad garnish
- Raspberry Whip
- Cake Selection

Wednesday

Breakfast

- Fruit Juice
- Cereals or Porridge
- Fresh Fruit or Prunes
- Toast & Preserves
- Tea & Coffee

Lunch

- Poached Salmon in Watercress Sauce or Vegetable Pancakes
- Baby Carrots, Broad Beans and New Potatoes
- Warm Pear and chocolate sponge & custard

Evening Meal

- Mushroom Soup
- Ploughman's Tea
- Peaches and Cream

Thursday

Breakfast

- Fruit Juice
- Cereals or Porridge
- Fresh Fruit or Prunes
- Toast & Preserves
- Tea & Coffee

Lunch

- Beef Stew with dumplings or Sausage Casserole
- Mashed Potatoes, Swede and Cabbage
- Apple Charlotte and Custard

Evening Meal

- Poached Egg on Toast
- Peach Conde
- Choc Ices

Friday

Breakfast

- Fruit Juice
- Cereals or Porridge
- Fresh Fruit or Prunes
- Toast & Preserves
- Tea & Coffee

Lunch

- Fish Pie or Cold Meat or fish in Breadcrumbs
- Mashed Potato and Peas & Cauliflower
- Fruit Crumble & Custard with Ice Cream

Evening Meal

- Fruit Juice
- Grilled Bacon, Bubble & Squeak and Tomatoes
- Fresh Fruit Salad and Cream

Saturday

Breakfast

- Fruit Juice
- Cereals or Porridge
- Fresh Fruit or Prunes
- Toast & Preserves
- Tea & Coffee

Lunch

- Vegetable Quiche or Beef lasagne
- Chips, Mixed Vegetables or Salad
- Treacle Tart and Custard

Evening Meal

- Melon
- Sandwich Selection of Beef, or Ham with Tomato Garnish
- Cake Selection

Sunday

Breakfast

- Fruit Juice
- Cereals or Porridge
- Fresh Fruit or Prunes
- Toast and Preserves
- Tea & Coffee

Lunch

- Roast Turkey with Stuffing & Cranberry Sauce
- Roast and Boiled Potatoes, Brussels Sprouts, Garden Peas and Roast Parsnips
- Lemon Meringue

Evening Meal

- Minestrone soup
- Salmon Salad
- Strawberry Blancmange

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